

Abstract

TECHNIQUE VARIABILITY IN COMBINED EVENTS

Thesis objectives: The main aim of this work is to find out a level of movement differentiation of multi-event competitors of different performance which is shown in mastering the technique of particular decathlon events. The next aim is to point out the important aspects in technique, to refer to some imperfection and to characterize some individual distinctiveness.

Methods: In our thesis we used a method of analysis and observation for analyzing the photo sequences and a method of comparison while assessing the level of technique differentiation in decathlon field events.

Results: In spite of the fact that J. Ryba's decathlon performance is worse, we found out that, in comparison with D. Sazima, J. Ryba has a slightly prevailing ability of movement differentiation in key technique moments.

Key words: event, decathlon, sports technique